



LASSEN COUNTY



Public Health Department
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Susanville, CA 96130
530-251-8183

Air Pollution Control District
720 South Street
Susanville, CA 96130
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Office of Emergency Services
697-345 Highway 36
Susanville, CA 96130
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FOR IMMEDIATE RELEASE

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DATE: 08/21/2020
TIME: 1200
#: 3

AIR QUALITY ALERT

VERY UNHEALTHY

Alert issued for the following areas of Lassen County: COUNTY WIDE

Smoke levels in this/these areas have been classified as:

VERY UNHEALTHY

Health warnings of emergency conditions
The entire population is more likely to be affected

All outdoor events and activities including competitive sports are to be cancelled until further notice of improved air quality. All individuals, especially the elderly, young children, pregnant women, those with lung or heart disease, and anyone with sensitivities to air pollution should AVOID outdoor activities UNTIL FURTHER NOTICE.

FOR REAL TIME MONITORING OF THE AIR QUALITY GO TO:

<https://fire.airnow.gov>

Wildfire smoke has harmful chemicals that can affect your health. It can cause eye and throat irritation, coughing and difficulty breathing. Everyone should take precautions to avoid smoke exposure.

- Minimize or stop outdoor activities, especially exercise.
- Stay indoors with windows and doors closed
- Do not run swamp coolers or fans that bring in outdoor air

People who are at greatest risk of experiencing symptoms due to smoke include those with chronic lung disease (such as asthma) and/or heart disease, young children, pregnant women, and older adults. If you have symptoms that may have been worsened by smoke exposure, contact your health care provider immediately. These symptoms include:

- Repeated Cough
- Shortness of Breath
- Difficulty Breathing
- Wheezing
- Chest Tightness or Pain

For more information call Lassen County Public Health at 530-251-8183 or visit the Lassen County Air Pollution Control District at www.lassenair.org